

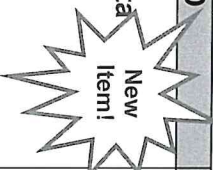



MEALS on WHEELS
METRO BOISE

December 2024 Menu

(Substitutions may be necessary without advanced notice.)

Contact:
(208) 321-0031
www.MetroMealsonWheels.net

MON	TUE	WED	THU	FRI
2 Polish Sausage with Sauerkraut Baked Beans Mixed Vegetables Pears Whole Wheat Bun / Milk	3	4 Chicken Parmesan Pasta Snap Peas Carrots Tropical Fruit Breadstick / Milk 	5	6 Herb Salmon over Rice Pilaf Baby Carrots Green Beans Peaches Whole Wheat Roll / Milk
9 Salisbury Steak with Brown Gravy Mashed Potatoes Chateau Vegetables Pineapple Whole Wheat Roll / Milk	10	11 Sweet & Sour Pork over Brown Rice California Vegetables Coleslaw Peaches Whole Wheat Roll / Milk	12	13 Cheese Topped Fish over Rice Pilaf Green Beans Green Salad Spiced Pears Whole Wheat Roll / Milk
16 Breaded Chicken with Country Gravy Mashed Potatoes Dill Carrots Peaches 9-Grain Bread Milk	17	18 Mushroom Swiss Burger Roasted Potatoes Winter Vegetables Banana Whole Wheat Bun Milk	19	20 CHRISTMAS MEAL Baked Ham with Cumberland Sauce Cheesy Potatoes Mixed Vegetables Citrus Salad Holiday Dessert Dinner Roll / Milk
23 BBQ Chicken Wings Baked Beans Corn Pineapple Whole Wheat Roll Milk	24	25  CHRISTMAS HOLIDAY NO MEALS SERVED	26	27 Stuffed Chicken with Cheese Sauce Roasted Potatoes Broccoli Applesauce Whole Wheat Roll / Milk
30 Lemon Herb Fish over Rice Pilaf Dill Carrots Peas Mandarin Oranges Whole Wheat Roll Milk	31	1 HAPPY NEW YEAR! CLOSED No Meals Served or Delivered		