


MEALS on WHEELS

METRO BOISE

April 2024 Menu

(Substitutions may be necessary without advanced notice.)

Contact:
 (208) 321-0031
www.MetroMealsonWheels.net

MON	TUE	WED	THU	FRI
1 Chicken Cordon Bleu with Cheese Sauce Baby Carrots Roasted Potatoes Fruit Cup 9-Grain Bread Milk	2	3 Honey Mustard Chicken Salad over Lettuce Chickpea Salad Chunky Applesauce Whole Wheat Roll / Milk	4	5 Roast Turkey with Gravy Mashed Potatoes Baby Carrots Cranberry Sauce Applesauce Whole Wheat Roll / Milk
8 Chicken Enchilada Pasta Corn & Peppers Key West Vegetables Pineapple Whole Wheat Roll / Milk	9	10 Beans & Ham Roasted Potatoes Brussels Sprouts Applesauce Cornbread Milk	11	12 Roast Beef with Brown Gravy Mashed Potatoes Green Beans Orange Whole Wheat Roll / Milk
15 Pulled BBQ Chicken Baked Beans Carrots Banana Whole Wheat Roll Milk	16	17 Vegetable Lasagna Cauliflower Snap Peas Green Salad French Bread Milk	18	19 Beef Pepper Casserole Corn Monte Carlo Vegetables Fresh Fruit Whole Wheat Roll Milk
22 Baked Potato with Chili & Cheese Broccoli Beets Fresh Fruit Whole Wheat Roll Milk	23	24 BBQ Chicken Wings  Baked Beans Corn Pineapple Cups Whole Wheat Roll / Milk	25	26 Breaded Chicken with Country Gravy Mashed Potatoes Baby Carrots Mandarin Oranges Baci Roll Milk
29 Herb Salmon over Rice Pilaf Carrots Cauliflower Tropical Fruit Whole Wheat Roll / Milk	30			